

The Good Oil



SEPTEMBER 2022

PWP Meeting and Luncheon

Thursday 8 September
11:15am for an 11:45am start

The Pagoda Restaurant
112 Melville Parade, Como

Guest Speaker Dr Elaine Blake



An introduction to **Soroptimist International** will be presented by President, **Dr Elaine Blake**, giving particular currency to service provided to the local community by the Soroptimist International of South Perth. The South Perth Group's aim is to address inequality, education, empowerment, health and the legal rights of women and girls.

South Perth Soroptimists meet on the first Tuesday of every month at the Royal Perth Golf Club. There are 42 members. Soroptimists are in many places world-wide. Larger projects include a playground at Boronia Women's Pre-release Centre; the Club also part-funded the Place of Reflection, where friends of missing persons can gather. They hold a high tea for grandparents caring for grandchildren, a Mother's Day cake stall, make beanies for the homeless and prem-babies and hold the biggest fair in South Perth each spring. They advocate to provide homes for homeless women over 55 years of age and campaign for reduced violence against women and children.

LUNCH MENU

Freshly Baked Poppadums/Papadums (V)

MAIN

Spicy Chicken Curry with Cumin Rice (GF)

VEGETARIAN

Chickpea Curry with Cumin Rice (GF, V)

SIDE

Raita and Spinach Dhal

DESSERT

Pavlova Roulade with Berry Compote and Fruit Coulis (GF)

COFFEE AND TEA

\$50 per member; \$55 per guest

For organising purposes, **RSVP to Kevina by Monday 5 September** via the website, www.petroleumwomenofperth.asn.au, email pwp.rsvpplunch@gmail.com or call **0419 837 055**. Mention if you require the vegetarian option.

Payment by EFT required **no later than Monday 5 September** to:

Bankwest: **BSB 306-047, Account 4182462**. Include your Surname and 'Luncheon' in bank description.

Cancellations after 5:00pm, Friday 2 September OR non-attendance without cancellation prior to 5:00pm, Friday 2 September both require payment in full.

DIARY DATES

Monthly Lunch Meeting
Thursday 8 September

Out & About

Perth Mint Tour
Wednesday 15 September

Book Club
Monday 19 September

Movie Club
Tuesday 20 September

Discovery Coffee
Friday 23 September

Scarborough Wine/Pizza
Friday 23 September

Curry Club
Friday 30 September

Regular Activities

Mah-Jong
Mondays at Pagoda

Walking Group
Tuesdays

Golf Group
Tuesdays

Quilting Group
Wednesday 14 & 28 September

Bridge Group
Thursday 15 September

Looking Ahead to Oct

October Lunch Meeting
Thursday 13 August

PWP Board 2022

President's Message

Dear Ladies,

Wow! Our own PWP shining star, **Debbie Lorking**, made a fantastic presentation about her recent adventure on the Bibbulmun Track at the August luncheon. She brought all her hiking gear, and her fully loaded backpack, so we could feel the weight she carried and imagine her daily life hiking, rehydrating her meals, and sitting by a campfire each night. Her hiking partner, **Annamarie Threlfall**, one of our newest PWP Country members, joined us for lunch, too, along with her husband and Debbie's husband, Brett, who provided essential support as the two most intrepid women I know persisted through injuries, occasional wrong turns, and long stretches of up to 13 days without showers. They cleaned up nicely and shared some photos of the natural beauty they witnessed on the trail. Their fundraiser for **Wheelchairs4Kids** and **Hero Hunter Foundation** was also very successful!

My favourite story from the day was about Debbie's friends in KL. She convinced a group to go climb Mount Kinabalu with her, after which one of her friends started a "Say no to Debbie" campaign. That evidently did not work out well because she has 30 friends, including Karen Hassan, from her KL days meeting her in Spain to hike the Camino de Santiago next month. Who could possibly say no to you and your fabulous ideas?

Time sure flies! The end of my two years as President is quickly approaching, but I am happy to announce that we have a *full slate* of Board volunteers to guide our club into the next year. It is a thoughtful, hard-working group, and I know our dear PWP will be in good hands. Many thanks to the following people for putting your hands up to serve the community:

President
1st VP of Activities
2nd VP of Programs
3rd VP of Membership

Sheena Kaighin
Christine Corey
Kari Young
Christine McCarthy

Treasurer
Secretary
Member-at-Large
Parliamentarian

Nikki Wehr
Lindell Negline
Karen Hassan
Debbie Lorking

We will vote for the slate at the **October Annual General Meeting**, so please give them your full support.

In the meantime, I hope to see you all at the September luncheon! Spring is in the air, so let's celebrate that annual renewal of enthusiasm and optimism in our friendships at PWP!

Warmest regards, *Kari*

Board for 2022

President



Kari Young
0427 747 479

pwp.perthpresident@gmail.com

1st VP Activities



Lindell Negline
0433 262 377

pwp.perthactivities@gmail.com

2nd VP Programs/Luncheons



Debbie Lorking
0484 226 985

pwp.perthprograms@gmail.com

3rd VP Membership



Christine McCarthy
0408 020 251

pwp.perthmembership@gmail.com

Secretary



Karen Hassan
0421 083 878

pwp.perthsecretary@gmail.com

Treasurer



Nikki Wehr
0488 038 468

pwp.perthtreasurer@gmail.com

Member-at-Large



Clare Langford
0405 741 735

pwp.perthmember.at.large@gmail.com

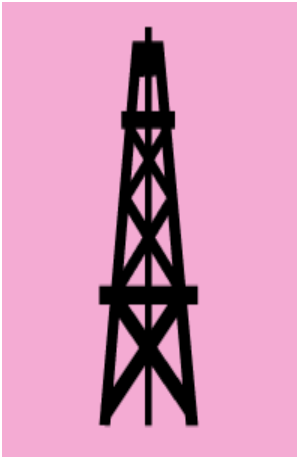
Parliamentarian



Jane Ponsonby
0415 261 315

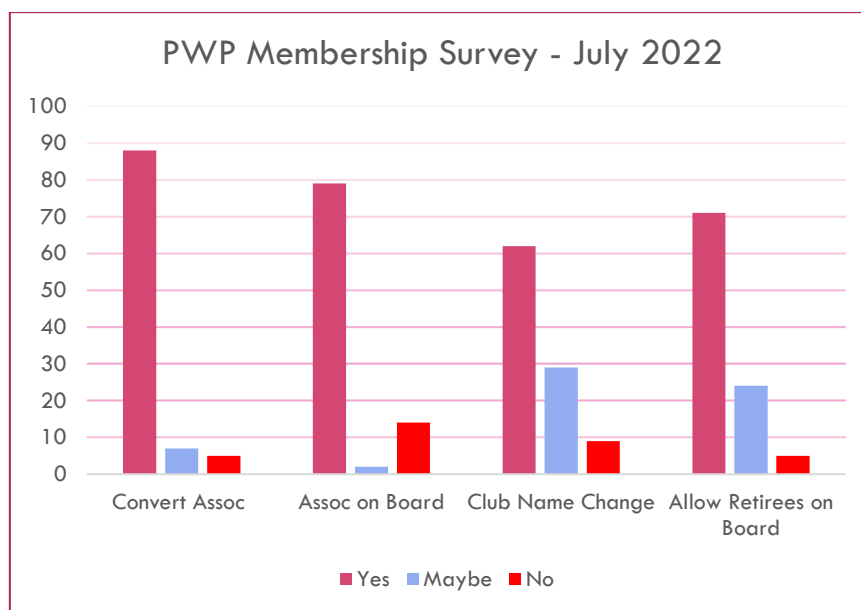
pwp.perthparliamentarian@gmail.com

PETROLEUM CORNER by Kari



Preparing the PWP for our next 43 years!

At our recent celebration of 43 years of the PWP here in WA, I distributed a survey with some suggestions for possible changes we could make to help our club with its main mission of promoting friendship among women of the petroleum industry (plus some loyal associates!). Between Covid, closed and now reopened international borders, and many repatriated employees of the petroleum industry having left WA, we find ourselves needing to make a few tweaks to our membership and leadership policies to facilitate member retention, new member recruitment, and leadership recruitment. The purpose of the survey was to see which changes seemed most agreeable to current members of the club. The results of the survey are represented in the graphic below. Results are reported by percentage.



The suggestions were the following:

- Convert all Associates who have been members for at least 5 years to Full Members with voting rights and eligibility for leadership roles.
- Eliminate the requirement that all Board members be Full members.
- Change the name of the club and membership guidelines to reflect that the petroleum industry is now part of the broader energy industry.
- Eliminate the requirement that at least half of the Board and the President have a current connection to the Petroleum Industry (perhaps allow retirees from industry to serve).

All the suggestions had broad support, especially converting long-term Associate Members to Full Members (95% Yes and Maybe). If we convert Associate members who lack any connection to the Petroleum Industry to Full Members, it makes sense to still require half of the Board to have some connection to the industry; however, recognizing that our membership is aging and many are now retired from the industry, it also makes sense to allow previous connections to the industry to suffice. This idea also had 95% Yes and Maybe votes, meaning only 5% objected to it. These seem like very practical ideas that can alleviate some of the challenges we currently have in a very positive, constructive way without changing the character of the club. To that end, our Parliamentarian has convened a small committee to make a report to the Board about precisely what would need to be edited in order to enact these changes. Please contact me if you have any questions about this process. Our goal is to be transparent, to honour the wishes of the membership, and to protect the integrity of the club so we may continue to be a positive community for the next generation of women.

Sunshine and Silver Linings

~ Keep our members and their families in your thoughts and prayers ~

It seems every second member is off travelling – within the state, interstate and overseas! A good many are off on long-delayed visits with family and friends, while others are just off! ‘Justifications’ vary from hot-air ballooning experiences, competing in card tournaments, chasing the sun, sight-seeing ‘outback’!

Conversely - very good wishes go out to members who are experiencing health concerns or isolating due to Covid – be sure to look after yourselves, accept support from family and friends and take things quietly – so you get back to your usual self as soon as possible.



Helen Rewell is up and about walking with her “new hip” – the second replacement within a year. She has recently returned to play mah-jong and looks forward to travelling soon to New Zealand to visit her daughter.

Kari Young's youngest son Gavin has returned to the US recently and her middle son, Seth, is now visiting Kari and Peter. Welcome Seth!

Helen Hood enjoyed northern summer in Vancouver and Toronto Canada, visiting with her 91-year old Dad, family and friends. She had a ‘standoff’ on the highway with a cow moose; sampled offerings in the Niagara wine region; rode the Skyride up Grouse Mountain in Vancouver.

Siggi and David Miller are enjoying the ski slopes in New Zealand



We look forward to **Clare and Ronny Lardner** returning to WA soon. Clare is looking forward to getting back for rides with the PWP biking group – and going camping! Your presence is missed by the Tuesday walkers and the quilters! Safe return!

Rita and Bob Walker travelled to Bendigo to meet their first grandchild Liam Robert Walker, first child to Alex and Kira Walker. She headed north to the warmer climes of Cairns to visit one of her sisters and enjoyed some snorkelling.

To keep fellow members up to date, please consider sharing life’s milestones via this section of our newsletter. Maybe you know that a member is not well or you would like to share news of an anniversary or the arrival of a new grandchild. Please contact Kevina or a board member with any items of news. Contact Kevina on kevina_stewart@hotmail.com or **0419 837 055**.

Membership



Reminder: Membership renewals are due! We now have **117 members**. You can renew by using an **online form** or by filling in a **paper form**, which will be available at the September lunch. Payment of the **annual fee of \$45** can be paid by EFT (preferred) or cash. Please confirm your renewal with **payment**. If you have any queries regarding membership, renewals, accessing the website, www.petroleumwomenofperth.asn.au, Facebook page or the newsletter please get in touch.

Christine McCarthy, PWP Membership pwp.perthmembership@gmail.com



Get connected on Facebook by joining the PWP group. Get regular updates on club activities and see more photos than can be squeezed into the newsletter.

To join, search using '**Petroleum Women of Perth**' to find the group and send a 'request to join'.

August Birthday Ladies



Liz, Sally, Anne, Sue, Kate, Monica, Pamela, Kari and Elizabeth

September Birthday Ladies

Gai Breakwell	6-September
Carla Morris	11-September
Helen Rewell	13-September
Ann Platt	16-September
Annamarie Thelfall	21-September
Michele McNeill	22-September
Kathryn McCaskill	22-September
Liz Finch	25-September
Marylou Rainsford	27-September

The September Birthday Flowers are the "Aster", and the "Morning Glory". Asters signify powerful love and were once burned to ward off serpents. The Morning Glory, a lovely bloom, is a symbol of affection.



Member Interviews Continue!

Two member interviews are now available on the PWP website in the Members Only Section under Our Stories. I hope you will find the lives of **Cynthia Playford** and **Sally Hoedemaker** as fascinating as I do!



Cynthia Playford is a native Western Australian who had a happy childhood growing up on a farm in Coorow. By the age of 12, she attended school at PLC in Perth, where she became friends with Ann Platt, who is also a PWP member. Cynthia met her husband, Phillip, after graduating from teacher's college and traveling abroad on her own. His career as a geologist provided them with many opportunities to travel both abroad and here in WA. While Phillip chased the rocks, Cynthia studied the plants. After volunteering as a zoo docent, she became one of the first Kings Park guides, sharing her love of botany with park visitors for over 35 years. Cynthia joined the PWP in the founding year and is still an active member. She even gave a presentation about her experience volunteering as a Kings Park guide back in 2020. She is a quite an adventurous woman who got here faster than the rest of us by being lucky enough to be born here! As you can see from the photo, she spent some quality time in the Outback. You can read more of her story online.



Sally Hoedemaker grew up in the US. All throughout her childhood, she spent summers at her grandparents' summer home halfway up a small mountain in Susquehanna River Valley with sweeping views up the valley playing daily with the farmer's daughter and reading lots of books. She credits that experience for her lifelong love of beautiful views and big sky open space. Sally met her husband Pieter on a ship called de Groote Beer on her way to spending her junior year of university abroad. It was very nearly love at first sight, and it completely changed the course of her life. Sally's husband is Dutch, and his career as an engineer with Shell took them to many different places around the world, but like so many of us, she and her husband fell in love with WA, so much so that they have retired here. Sally joined the PWP in the mid-1980's, serving as VP and President, and she remains quite active in the club to this day. Her interview is chock full of funny stories, so give it a read!

Monthly Coffee and Curry

Discovery Morning Coffee

Have a Chat – Explore New Places – See New Things!

DECADENT FRENCH TREATS



Where: L'Opera Café Patisserie
29 Kearns Crescent, Ardross
When: Friday 23 September 2022
Time: 10:00am

L'Opéra Café Patisserie is a refuge that welcomes you to spend time reading, working, enjoying good food, with a great ambiance. Prepared by a top-class chef, the food is known to be the best in this area. The menu is extensive. We deserve to spoil ourselves – so let's indulge by trying L'Opera.

Come and Join Us to Explore Perth by Getting Together to 'Savour the Coffee'

Email Rhonda at contactrhonda@iinet.net.au or call **0431 272 372**



Memsahib's Curry Club

Come & enjoy lunch with a great group who love delicious curries and exotic flavours at



Anghiti Innaloo – Anghiti Restaurant Innaloo has been providing award winning Indian cuisine to the people of Perth for over ten years. At Anghiti, we pride ourselves in delivering the finest quality Indian cuisine using fresh local ingredients.

Where: Anghiti Innaloo Restaurant
379 Scarborough Beach Road, Innaloo
When: Friday 30 September
Time: 12:30pm
RSVP: Rhonda Metka on 0431 272 372
or contactrhonda@iinet.net.au
by Wednesday 27 September.



Our vision is to provide Perth with the best Indian Cuisine, and a memorable dine-in experience that will have you coming back over and over again. At Anghiti, we constantly strive for perfection; every dish is truly the best that our experienced team can produce.

Special Activities

The Perth Mint



This iconic site in the heart of Perth is more than a premier tourist attraction. Discover a stunning selection of jewellery, tours and attractions. shopping, sell your gold jewellery or trade precious metals. The original melting house was in full swing from 1899 until 1990 when operations moved to a larger refinery. Be amazed at how hot the furnace gets to melt gold and how quickly liquid gold turns to a solid bar while you watch!

Where: Perth Mint
310 Hay Street, East Perth

When: **Thursday 15 September**

Time: 10:00am

Cost: \$19.00pp

Limit: 20 people

RSVP: by 8th September

Contact: **Lindell Negline** at
pwp.perthactivities@gmail.com or 0433 262 377

Scarborough Cellars Wine-Tasting and Pizza Night



Let's support two locally-owned businesses with wine-tasting and eating pizza 'n pasta! **Scarborough Cellars** is the oldest independent wine merchant in WA, established in 1977. They have a vibrant craft beer collection which includes a specialized 'Tap Room'. The tasting is free!

Pizzaca – The Bizzaca Family have been hand-stretching dough and baking wood-fired pizzas for almost 30 years. Their dessert selection and brunch receive a lot of hype and the family continually receive gratitude from their die-hard dolce fans followers who appreciate the efforts of Queen Baker, Anthea, to keep up with demand!

Where: **Pizzaca**, 166A Scarborough Beach Rd

When: **Friday 23 September**

Cost: Own Expense

Time: **5:00pm** Wine Tasting
6:30pm Pizza and Pasta

RSVP: by **Friday 16 September**

Contact: **Lindell Negline** at
pwp.perthactivities@gmail.com or **0433 262 377**

Paying for Special Activities

TO PAY BY BANK TRANSFER

Deposit to Bankwest – **BSB 306-047, Account 4182462**

Please include your Surname and Activity, e.g., Theatre

Before paying, please contact the coordinator of the activity to confirm there is a space for you. Your name will be placed on a wait list until notice of payment is received. Special Activities can also be booked and paid for in cash or by cheque at monthly meetings. You may also send an email to the activity coordinator when you do a bank transfer. Cancellations after the stated due date cannot be refunded.

Special Activities and Look Ahead

West Australian Arts and P WAAPA



The Friends of the Academy are conducting a “behind the scenes” tour.

We are pleased to offer you an experience at some of the Departments at the academy and your well-informed Guide will take you both backstage and on stage; show you through Props and Scenery, Lighting or Costume workshops; visit a Music Theatre or Dance class as well as an Aboriginal Performance.

Complimentary morning tea is included, and there will be a Q&A with a WAAPA representative, afterward. Purchase a light lunch at the Grindhouse Eatery on campus or bring your own, then enjoy a complimentary lunchtime concert that will complete your Tour.

Where: WAAPA
2 Bradford Street, Mount Lawley, 6050

Date: **Thursday 20 October**
RSVP By: **Thursday 13 October**
Time: 8:00am meetup, tour @ 8:30am-2pm
Cost: \$47.00pp, free parking voucher
Contact: **Lindell Negline** at
pwp.perthactivities@gmail.com or
0433 262 377

Patsy Durack’s Rose Gardens



Our tranquil gardens surround Kareela, the old Archbishop's holiday home in Gooseberry Hill built in 1915. Our earliest rose plantings include hybrid teas and floribundas with climbers and bush roses. Later we added David Austin, Delbard and some Heritage roses - all chosen for form, longevity, and colour. In the last 20 years we have had success with a 'no spray' policy in the gardens. Relax and enjoy Devonshire teas on the veranda overlooking the garden.



Where: 33 Parke Rd, Gooseberry Hill,

Date: **Friday 14 October**
RSVP By: **Friday 7 October**
Time: 10:30am
Cost: **\$20 per person,**
includes entry and Devonshire Tea
Contact: **Lindell Negline** at
pwp.perthactivities@gmail.com or
0433 262 377



Support PWP Club Activities

Interest Groups

Movie Club



MYSTERY MOVIE

Unfortunately, the screening schedule for cinemas is still not available very far ahead of time. Therefore, we will continue with the *'mystery movie'* plan for September.

The schedule is generally known the Thursday before our movie date; an email is then sent out to those on the list advising of the movie choice and details.

Date: **Tuesday 20 September**

Time: **Early afternoon session**
(to be confirmed if 1.00pm or 1.30pm)

Venue: Windsor Cinema, Stirling Highway, Nedlands
or Palace Cinema, Raine Square, CBD

Contact Alison Connell on
pandaconnell@yahoo.com.au or **0408 280 125**

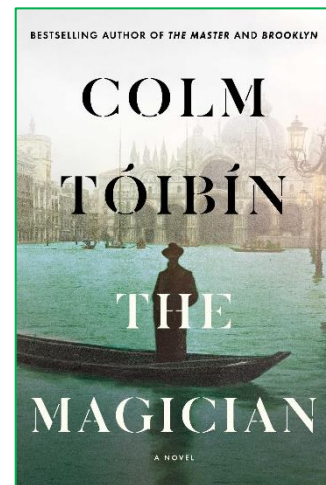
If you would like to be added to the email list for the **Monthly Movies**, we have an email distribution list so please let Alison know. You will then receive an email update advising the time and venue for each month's selection. No obligation.



Book Club

'The Magician'

By Colm Toibin



Thomas Mann, grows up with a conservative father, bound by propriety, and a Brazilian mother, alluring and unpredictable. Young Mann hides his artistic aspirations from his father and his homosexual desires from everyone. He is infatuated with one of the richest, most cultured Jewish families in Munich, and marries the daughter Katia. This is ...an astonishingly complex portrait of Mann, ...- his wife and the times in which they lived.

Date: **Monday 19 September**

Time: 1:15pm

Where: Dolphin Room, Pagoda Resort
112 Melville Parade, Como

Contact: Tricia Crane on cranepearl@gmail.com
or **0401 673 916**

All ladies are most welcome to join us for our discussion. An option is to arrive at 12:00pm to enjoy a coffee/lunch with the mah-jong ladies beforehand.

Reading ahead?

The book for October will be "House of Kwa" by Mimi Kwa.



Monday Mah-Jong

Want to give the housework a miss? Like to enjoy good conversation with lots of laughter while using the 'grey matter'?



We play **Monday mornings** at the Pagoda Restaurant (same venue as the monthly meetings) with a 10.00am start and play through until 2.30pm. We lunch at noon on soup and either a salad or sandwich (cost \$15). Some ladies only come for the morning session due to other commitments - whatever you decide is fine.

Experienced and new players are most welcome.

When: Each Monday

Time: 10:00am

Contact: Corinne Kilbee

kilbee@westnet.com.au or 0411 588 112

Tuesday Golf

If you are interested in playing, please come and join the PWP Golfing Ladies each Tuesday. We play at various Public Golf Courses around the Perth area and try to tee off between 8:00 am and 9:00 am in the warmer months. We meet at the Golf Shop and then after our game we finish with a coffee and a chat.



If there are any new members who would like to join us, or you would like further information, please contact **Sue Spalding** at suespalding@hotmail.com or 0409 880 750

Early Bird Walkers

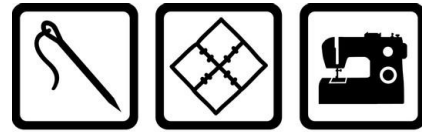
The walking group meets every **Tuesday morning** at **8:00am**. Meeting points change each week as there are many lovely walking locations around Perth from which to choose. A welcome cuppa and chat follows the walk.



If you would like to receive weekly notices with details of the upcoming walks, please email **Sue** and **Dee** at suediane.robb@gmail.com and ask to be added to

Quilting

Come and join our active and friendly quilting group. We usually meet **every fortnight** on **Wednesday morning** at a different member's home.



QUILTING

Beginners and experienced quilters are welcome. We sit and chat over hand-sewing projects (or knitting or crochet), swap tips and patterns and complete friendship blocks for each other. These are a great way to learn new skills. We also enjoy coffee and delicious nibbles.

When: Wednesday 14 & 28 September

Contact: Michele McNeill on 0408 184 532 or michele-mcneill@bigpond.com

Monthly Bridge

Monthly Bridge meets on the **third Thursday** of the month.

We would love new members, or those wishing to join us for the first time, to come along. If you are interested in joining, please contact **Gai Breakwell** for details.



When: Thursday 15 September

Time: 10:00am – 3:00pm

Contact: Gai Breakwell on

kgbreakwell@gmail.com or 0423 390 360

Cycling

A few ladies who share the love of cycling have formed a very informal, casual group. They meet up **early on Thursday mornings** (except lunch day) somewhere around the city. The rides explore different routes, cycling up to 40km, mostly on cycle paths and quiet roads. A stop at a cafe en route is considered essential! The cycling group's rides continue each Thursday. If interested, please email **Dee van Eden** on deevaneden@gmail.com



AUGUST LUNCHEON



General Lunch Information



Please remember to **RSVP** so that we know that you are joining us for lunch
Contact Kevina one of three ways:

- email to pwp.rsvplunch@gmail.com
- click on the link in the website www.petroleumwomenofperth.asn.au/members-only
- contact Kevina directly on **0419 837 055**

Members Out and About August 2022

Walking, Cycling, Quilting Groups in Action



Beautiful Quilting –by Carol Roberts

Front and reverse sides



When
women support
each other,
incredible things
happen

Do you have feedback for the Newsletter Editor? Have photos you would like to include?
Please send your suggestions, comments and photos to: pwp.perthnewsletter@gmail.com

Your PWP Month Ahead - September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 28	August 29	August 30	August 31	September 1	September 2	September 3
	10:00 - Mah-Jong	8:00 - Walkers 8:00 - Golf	8:00 - Cycling	2:00pm - Board Meeting (normally)		
September 4	September 5	September 6	September 7	September 8	September 9	September 10
	10:00 - Mah-Jong	8:00 - Walkers 8:00 - Golf	8:00 - Cycling 10:00 - Quilting	11:15 - PWP Monthly Lunch featuring "Soroptimists Club"		
September 11	September 12	September 13	September 14	September 15	September 16	September 17
	10:00 - Mah-Jong	8:00 - Walkers 8:00 - Golf	8:00 - Cycling	10:00 - Bridge 10:00 - Perth Mint Tour		
September 18	September 19	September 20	September 21	September 22	September 23	September 24
	10:00 - Mah-Jong Book Club 1:15pm Pagoda featuring "The Magician"	8:00 - Walkers 8:00 - Golf Early afternoon: Movie Club: 'Mystery Movie'	8:00 - Cycling 10:00 - Quilting		10:00 - Discovery Coffee at "L'Opera Café" Ardross 5:00pm - Scarborough Wine Tasting and Pizzaca Pizza/Pasta Night	
September 25	September 26	September 27	September 28	September 29	September 30	October 1
	10:00 - Mah-Jong	8:00 - Walkers 8:00 - Golf			12:30 - Curry Club at 'Anghiti' Innaloo	

Looking ahead to October: Lunch Meeting: Thurs 13 October; Rose Gardens: Friday 14 October; WAAPA Tour: Thursday 20 October