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## NEWSLETTER FEBRUARY 2024

Important information about our lunch event is contained in this newsletter.

Please read carefully.

Thank you.

### Ordinary General Meeting & Lunch

**Thursday, 8th February**

**Royal Perth Golf Club**



# PWP

8TH FEBRUARY  
2024  
MENU

## ENTREE

Bread Rolls and Butter

## MAIN COURSE

Tandoori Chicken Breast with  
turmeric rice, cucumber and mint  
yoghurt

or

Vegetarian Option - Vegetable Korma  
with turmeric rice, cucumber and mint  
yoghurt.

## DESSERT

Mango and Passionfruit  
Pavlova

Tea and Coffee



## Our Speakers Salem & Melissa Domiati Longevity Lab

As Queen once famously sang "Who wants to live forever?" Our guest speakers won't be promising that, but they do want to help people live better for longer.

Who doesn't want that?

Salem & Melissa founded the Longevity Lab in Perth where they run educational workshops, biological age testing & individual coaching designed to help clients achieve their goals. Salem has an extensive background in the health industry, and Melissa has experience of turning her life around after a near death experience.

Did you know, genetics only accounts for 20% of your health span? This means 80% is related to modifiable habits which **you** have control over.

No matter what your current age, Salem & Melissa will have advice for you.

### **NEW BANK DETAILS**

**Late Cancellation** policy applies.

All bookings must be made by the Friday preceding the lunch date

by bank transfer unless there are extenuating circumstances.

## **Petroleum Women's Club of Perth**

**BSB: 066103**

**Account number: 10503058**

**\$60 MEMBERS**

**\$65 GUESTS**

**You MUST use these bank details with immediate effect. We can no longer accept payments into our old BankWest account.**

**Cash is not an alternative. Thank you for your understanding. Please see previous email dated January 14th for further help.**

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## **PRESIDENT'S MESSAGE**

Hello everyone.

It's a new year and we have some new beginnings. I am looking forward to welcoming you at the Royal Perth Golf Club for our first lunch of 2024. I know that the change of venue will have come as a surprise, and I acknowledge that some of you have been less than happy about it. Others have told me the change is long overdue. It's a fact of life that we can't please everyone all the time. We have been working with the Royal Perth Golf Club on making the change a success. As I have stated elsewhere, the cost of lunch at the Golf Club is no more than you would have been paying for the Pagoda in 2024. Those of you who book in with Kevina will receive an email which I hope will answer any questions about practicalities.

In other news, I regret to inform you that our VP1 Christine Corey has reluctantly stepped down from the Board due to family reasons. On behalf of the membership, I would like to sincerely thank Christine for all of the work she has done for PWP, serving under 4 Presidents. That's a big commitment to the Club. It was a tough call for her to make, I know. But as ever for us all - family comes first. Thank you, Christine.

This of course means we have a vacancy on the Board. If you are interested, please let me know. It's vital that we have a full Board to run the Club, not only to spread the workload, but also to meet the requirements of our Constitution. A thriving Club is surely defined by the number of people willing to help run it.

Antje, our Activities VP, has been working hard over the holidays on coming up with some fresh and interesting events. They all sound like a lot of fun so please give them your support.

can you please get in touch with Robyn  
pwp.perthmembership@gmail.com so we can prepare a new and accurate  
directory.

Lastly, a sincere thanks to everyone who donated to our chosen charity, Share the  
Dignity. What a generous bunch you are! We collected \$1828.80. As previously  
announced the Board is doubling that donation to \$3657.60. I am sure it will be  
gratefully received.

Sheena

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## **SPECIAL ACTIVITIES**

**To book any special activity please contact Antje 0409 128 672 or  
pwp.perthactivities@gmail.com**

### **State of Abstraction**

#### **Private Tour**



**When:** Wednesday, 31st January

**Time:** 10:45am in the foyer for an 11:00am start. Duration 1 hour

**Where:** Art Gallery of W.A., Perth Cultural Centre

**Cost:** Free, donations are welcome. (Refreshments at your own expense)

## Avenue, a Tribute to the Seekers SOLD OUT



**When:** Sunday, 4th February

**Time:** 4.30pm

**Where:** Ellington Jazz Club

Members who have signed up will receive a reminder email a few days before.

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## Stand Up Paddle Board



**When:** Thursday, 22nd February

**Where:** Hackett Drive, Matilda Bay

It generated a bit of excitement when it was revealed at the Christmas lunch, so this is your chance! It will be a lot of fun.

This event is subject to favourable weather conditions. In the event of a postponement, the date will be changed to Thursday, 29th February. Plan to stay for coffee afterward to relive your SUP experience!

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## **Vintner & Vittles**



## Vintner & Vittles

A tasting evening with Margaret River wine maker Andrew Dawson of Yeah Wine, accompanied by delicious canapes created by South Perth caterer Ros Mansfield



**Saturday March 2nd**

**7pm**

**102 Forrest Street, South Perth**

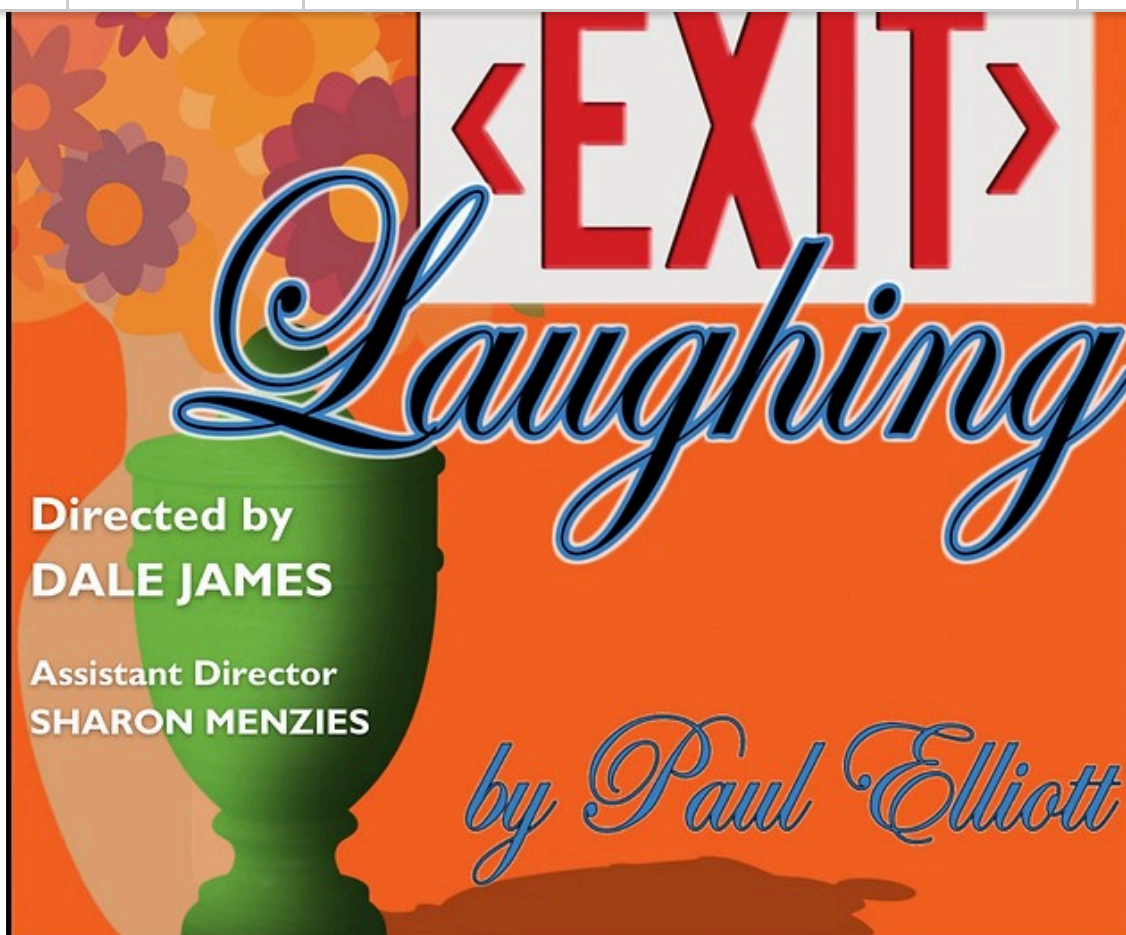
**Book now**

**[pwp.perthactivities@gmail.com](mailto:pwp.perthactivities@gmail.com)**



This is a specially curated event at Sheena and John's house limited to 30 guests so that everyone can be involved as Andrew takes us through a selection of his wines. Each wine will be accompanied by a canape designed to complement the wine. Please note this event will require some standing.

**Exit Laughing**



**When:** Friday, 8th March

**Where:** Old Mill Theatre, Mends Street, South Perth (opposite Windsor Hotel)

**Time:** 7.30 pm

**Cost:** \$21 per person 10 Tickets purchased. Sign up now, especially if you are a fan of Bridge!

**For decades the highlight of their week has been bridge. Now one of them has gone to the great card table in the sky. The three left behind decide they need one last game with their friend. So, they "borrow" her ashes and what follows is the wildest night of their lives!**

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## Save the Date!

Future activities coming up include:-

**Sculptures by the Sea** Wednesday, 13th March 10.00am

**Crab Lunch** Wednesday, 20th March

**Government House Gardens Tour** - exclusive to PWP - Wednesday, 8th May at 10.00am

**Last Night of the Proms** Friday, 7th June at Perth Concert Hall. 20 tickets

Payment for all activities is by EFT: Commonwealth Bank

BSB 066-103 Account No 1050 3058

## REGULAR ACTIVITIES

### MOVIE CLUB / BOOK CLUB



#### Movies

A new time for the Movie Club is being tried - the 3rd Thursday of the month, and a possible switch to Palace Cinemas in Raine Square taking advantage of their weekday discounts and \$5 validated parking. Those who have signed up will have received an email. But if you would like further information, get in touch with Wendy or Jacqui. Movie suggestions welcome!

**Contact:** Wendy Longshaw 0432 331 751 or Jacqui Ure 0416218127

#### Book Club

**Date:** **Monday, 19th February**

**Where:** Pagoda, 112 Melville Pde, Como

**Time:** 1:30pm

**Contact:** **Tricia Crane**

**cranepearl@gmail.com or 0401 673 916**

**Killers of the Flower Moon**

**by David Grann**

When oil is discovered in 1920s Oklahoma under Osage Nation land, the Osage people are murdered one by one - until the FBI steps in to unravel the mystery.

Now a major movie starring Leonardo DiCaprio & Robert De Niro



### Discovery Coffee

**Date:** Friday, 16th February

**Where:** Wards Central Dining, 4  
Thorburn Way, Shenton Park

**Time:** 10:00am

**Contact:** Rhonda Metka  
[contactrhonda@iinet.net.au](mailto:contactrhonda@iinet.net.au) or  
**0431 272 372**

*From the team behind North Street Store comes this new venue - a cafe & providore set in a heritage space with grassy park views. The focus is high quality classic dishes.*

*Come along and check it out!*



### Curry Club

**Date:** Friday, 23rd February

**Where:** Jagga Daku, 123 Oxford  
Street, Leederville.

Comes recommended for the good  
vibe!

**Time:** 12:30pm

**Contact:** Rhonda Metka  
[contactrhonda@iinet.net.au](mailto:contactrhonda@iinet.net.au)  
or **0431 272 372**



**Date:** Each Monday  
**Where:** Pagoda Hotel  
 112 Melville Pde, Como  
**Time:** 10:00am  
**Contact:** Corinne Kilbee  
[kilbee@westnet.com.au](mailto:kilbee@westnet.com.au)  
 or 0411 588 112

**Date:** Wednesdays  
**Where:** Refer to Quilt Roster  
 or contact Michele  
**Time:** 10:30am  
**Contact:** Michele McNeill  
[michele-mcneill@bigpond.com](mailto:michele-mcneill@bigpond.com)  
 or 0408 184 532

## WALKING / GOLF



**Date:** Each Tuesday  
**Where:** Contact Sue Robb  
**Time:** 8:00am  
**Contact:** Sue Robb  
[suediane.robb@gmail.com](mailto:suediane.robb@gmail.com)

**Date:** Each Tuesday  
**Where:** Contact Sue Spalding  
**Time:** 8:00am, seasonal  
**Contact:** Sue Spalding  
[suespalding@hotmail.com](mailto:suespalding@hotmail.com)  
 or 0409 880 750



**Carol Roberts 09-Feb**  
**Christine Burslem 10-Feb**  
**Barbara Eddison 17-Feb**  
**Pam Rentschler 22-Feb**  
**Helen Hood 22-Feb**  
**Annie Kailis 26-Feb**

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## **Out & About in January**



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## Sunshine & Silver Linings



Congratulations to Carol & Tony Roberts on the birth of their second grandson Ben born on 11th January.

Ben is their first sand groper as their three other grandchildren live in Melbourne.

Maybe less time for that exquisite embroidery now Carol?!

### And finally

**A review of procedures defined in the Constitution has highlighted that in relation to the formation of a Nominating Committee, some of those procedures were not followed in some previous years. The Board has resolved that Nominating Committee procedures will be re-established, and the Constitution directions on this matter followed precisely this year. The Board looks forward to members agreeing to be involved in the Nominating Committee.**

**A review of the end of year 2021 – 2022 accounts revealed that an interest payment from our term deposit account in the amount of \$63.74 had been entered twice. This is an accounting**

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**Thanks for reading!**

You'll only know everything that is going on if you get this far!

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