

# The Good Oil



**FEBRUARY 2023**

## PWP Meeting and Luncheon

Thursday 9 February  
11:15am for an 11:45am start

The Pagoda Restaurant  
112 Melville Parade, Como

### Guest Speaker Kaylene Poon

“Chinese Dragons in the WA Community”



**Kaylene Poon**, a 4<sup>th</sup> generation Chinese Australian, born and raised in Perth, grew up next door to the **Chung Wah Association (CWA) Hall** in Northbridge. She will regale us with interesting stories from her lifelong study of the history of the Chinese people in WA from the earliest days to the present. Kaylene has worked on many projects, including the installation of the Chinese Pioneer's Monument at East Perth Cemetery and the conservation of the Chinese red silk banner currently on display at the WA Museum. She continues to research, curate exhibitions and disseminate Chinese history in WA. She is the

historical adviser for the CWA and the 'go to' person for anyone seeking accurate information on the Chinese people of WA. She has won many accolades for her work. Kaylene's will focus the many ways the Chinese community has played a role in celebrating and supporting the wider Australian community. Come discover one of Perth's unique local communities!

## CHINESE BANQUET MENU

### MAIN

Kung Pao Chicken  
Jiangnan-Style Beef Stew  
Chinese Stir-fried Vegetables  
Steamed Broccolini  
Steamed Rice

### DESSERT

Seasonal Fruit Platter

### COFFEE AND TEA

\$50 per member    \$55 per guest

For organising purposes, **RSVP to Kevina by Monday, 6 February** via the website, [www.petroleumwomenofperth.asn.au](http://www.petroleumwomenofperth.asn.au), email [pwp.rsvplunch@gmail.com](mailto:pwp.rsvplunch@gmail.com) or call **0419 837 055**. Payment by EFT is preferred: Bankwest **BSB 306-047, Account 4182462**. Include your Surname and 'Luncheon' in the description. EFT payment is due upon confirmation of your booking **and no later than Monday, 6 February. cancellations after 5:00pm, Friday 3 February OR non-attendance without cancellation prior to 5:00pm, Friday 3 February both require payment in full.**

## DIARY DATES

Monthly Lunch Meeting  
Thursday 9 February

### Out & About

Perth Concert Hall  
Friday 17 February

Discovery Coffee  
Friday 17 February

Book Club  
Monday 20 February

Movie Club  
Tuesday 21 February

Curry Club  
Friday 24 February

### Regular Activities

Mah-Jong  
Mondays at Pagoda

Walking Group  
Tuesdays

Golf Group  
Tuesdays

Cycling Group  
Thursdays

Quilting Group  
Wednesday 1 & 15 Feb

Bridge Group  
Thursday 16 Feb

### Looking Ahead to June

March Lunch Meeting  
Thursday 9 March

Royal Flying Doctors  
March Date TBA

## PWP Board 2023

### President's Message

Hello everyone and a very happy 2023!

I hope you all had a wonderful festive season – some of you may have had the opportunity to see family for the first Christmas in three years. Isn't it wonderful to have regained so many of the freedoms we lost for a time? We enjoyed a Christmas Day visit to the beach. It was a perfect day. Those of you living here permanently may take it somewhat for granted. But it's still one of my greatest pleasures to swim in the sea on Christmas Day. We went full on Aussie – ditching the turkey in favour of seafood.

I'm very pleased to say that the authorities have approved the changes to our Constitution that we voted upon in October. That means that 20 members who previously held Associate status now have Full membership rights. Once again, I thank them for their loyal support to PWP.

John and I are looking forward to seeing some of you at our home for the February Sundowner. It's nice to have events where we can bring partners along. But don't worry about coming alone, there will be plenty of your friends there. Just bring a small plate of finger food and your favourite tippie to share. Please let me know if you are coming. Email [pwp.perthpresident@gmail.com](mailto:pwp.perthpresident@gmail.com)  
Looking forward, Christine has been working hard to book up events as far ahead as May. As always, please sign up early to make her life easier. And please be understanding that we can't refund you for events for which you have signed up and cannot attend last minute.

I mentioned at the Christmas lunch that Alison was stepping down from organising the movie club. I didn't expect the immediate response from two people volunteering to take over. Thanks **Jacquie Ure** and **Wendy Longshaw** for stepping up. That's what makes a great Club – people positively responding when they see the need.

Our first monthly meeting and lunch is fast approaching. I hope to see many of you to enjoy our Chinese feast and celebrate the Year of the Rabbit. Will it surprise you to know I have my headgear ready?

Warmest regards, *Sheena*

### Board for 2023

#### President



**Sheena Kaighin**  
**0467 389 832**

[pwp.perthpresident@gmail.com](mailto:pwp.perthpresident@gmail.com)

#### 1<sup>st</sup> VP Activities



**Christine Corey**  
**0407 307 691**

[pwp.perthactivities@gmail.com](mailto:pwp.perthactivities@gmail.com)

#### 2<sup>nd</sup> VP Programs/Luncheons



**Kari Young**  
**0427 747 479**

[pwp.perthprograms@gmail.com](mailto:pwp.perthprograms@gmail.com)

#### 3<sup>rd</sup> VP Membership



**Christine McCarthy**  
**0408 020 251**

[pwp.perthmembership@gmail.com](mailto:pwp.perthmembership@gmail.com)

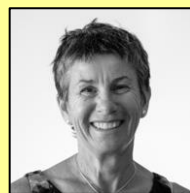
#### Secretary



**Lindell Negline**  
**0433 262 377**

[pwp.perthsecretary@gmail.com](mailto:pwp.perthsecretary@gmail.com)

#### Treasurer



**Nikki Wehr**  
**0488 038 468**

[pwp.perthtreasurer@gmail.com](mailto:pwp.perthtreasurer@gmail.com)

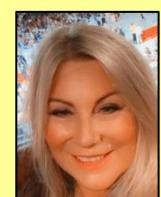
#### Member-at-Large



**Karen Hassan**  
**0421 083 878**

[pwp.perthmember.at.large@gmail.com](mailto:pwp.perthmember.at.large@gmail.com)

#### Parliamentarian



**Debbie Lorking**  
**0484 226 985**

[pwp.perthparliamentarian@gmail.com](mailto:pwp.perthparliamentarian@gmail.com)

## General Information



### MONTHLY LUNCH RSVP & Payment

Please remember to RSVP so that we know that you are joining us for lunch

Kevina manages the lunch RSVPs and she is very happy to receive yours via any of these options:

- email to [pwp.rsvplunch@gmail.com](mailto:pwp.rsvplunch@gmail.com)
- click on the link in the website [www.petroleumwomenofperth.asn.au/members-only](http://www.petroleumwomenofperth.asn.au/members-only)
- contact Kevina directly on 0419 837 055

You will receive confirmation of your RSVP having been received. Contact Kevina so that she can be sure that you are on the list and your preferred meal is available.

**You need to RSVP & make EFT payment by the Monday evening before the lunch**

Cancellations need to be made by Friday 5pm prior to the lunch in order to receive a refund.

For all enquiries and to reserve your place for any **Special Activities**, please contact **Christine Corey** – [pwp.perthactivities@gmail.com](mailto:pwp.perthactivities@gmail.com) or 0407 307 691



Get connected on Facebook by joining the PWP group. Get regular updates on club activities and see more photos than can be squeezed into the newsletter.

To join, search using '**Petroleum Women of Perth**' to find the group and send a 'request to join'.



[www.petroleumwomenofperth.asn.au](http://www.petroleumwomenofperth.asn.au)

Being who YOU are is more beautiful and powerful than anything in the world. Don't care about what others think or say about you. You be YOU!



## Sunshine and Silver Linings

*~ Keep our members and their families in your thoughts and prayers ~*

**Keep safe and healthy, and don't forget to be kind.**

Hi Ladies! Given we all love to keep in touch and hear the news in other members' lives, I need your help! Let me (or any Board Member) know of any items or milestones (yours or those of other members) that can be shared to keep this section of the newsletter lively and current 😊!

That said, I hope you have enjoyed the change in pace over the holiday period – whether that sped up or slowed down! Best wishes to everyone for 2023!

If you thought **Mary Davis** had disappeared off the face of the earth you were wrong! She is recovering well from knee replacement surgery and expects to be driving again soon. John and Mary spent a full six months at their Denmark property while their city abode was undergoing repairs (dare I say a complete renovation?!) after being flooded. They moved back in during November – just in time to welcome house-guests from overseas - although tradesmen still were coming and going as they are wont to do!

Mary shared that one bonus resulting from their misfortune was a brand-new kitchen – which is now John's domain! Another positive was that the insurance company authorised a local artisan to hand-make beautiful silk lampshades to replace those collected during stints living in Asia. A further silver lining? The necessity and impetus to drastically de-clutter!

Mary has missed her involvement in PWP and hopes to be joining in again very soon – although that will need to wait until after they spend some time back in Denmark again to check that all is well there!

Wishing **Mary Davis** a speedy recovery after her recent knee-replacement surgery. We look forward to seeing you soon, Mary.



**Kevina and Phil Stewart** have just returned from a long-anticipated trip to Tasmania. From Hobart, they joined an organised hiking trip on Bruny Island which was followed by a self-drive tour to the eastern seaboard, then on to Launceston and return to Hobart. Amongst the highlights? Lovely hikes in the

national parks, great scenery, ideal accommodation and excellent food!

The jury is out on whether the hiking counterbalanced the food intake 😊! BTW – Kevina is very pleased that she was able to complete the full hiking programme – some of it quite challenging!



To keep fellow members up to date, please consider sharing life's milestones via this section of our newsletter. Maybe you know that a member is not well or you would like to share news of an anniversary or the arrival of a new grandchild. Please contact **Kevina** or a Board Member with any news that can be shared. Contact Kevina on [kevina\\_stewart@hotmail.com](mailto:kevina_stewart@hotmail.com) or **0419 837 055**

# Membership

**Christine McCarthy**, Membership, reports PWP currently has 116 members.

## December Birthday Ladies



## January Birthday Ladies



## February Birthdays

Sandra Haddon	07-Feb
Carol Roberts	09-Feb
Christine Burslem	10-Feb
Barbara Eddison	17-Feb
Helen Hood	22-Feb
Pamela (Pam) Rentschler	22-Feb
Annie Kailis	26-Feb

## February Birth Flower – Violets, Iris, Primrose



**Violets** are associated with faithfulness, infatuation, and chastity. In flower symbolism, violets are gifted to a lover to his sweetheart as a way of informing her that he will always stay true to their love. The purple-petaled violets are commonly used to convey love. The **Iris** is also the birth flower for February. It is used to symbolize courage, hope, wisdom, faith, passion, purity and innocence. **Primrose** also a February birth flower, symbolizes young love and undying affection.



## Coffee and Curry

### Discovery Morning Coffee



**Where:** **Voyage Kitchen - City Beach**  
185 Challenger Parade, City Beach

**When:** **Friday 17 February**

**Time:** **10:30am**



The Voyage Kitchen menu is a couple of notches up on the usual locations we attend. A few offerings include the Avo Smash and is as delicious as are the Breakfast Bagel or Eggs Benedict. Many of their dishes feature an Asian/fusion touch. Sitting by the coast, come enjoy plates that are designed for every occasion. Easy/free parking.

*Come and Join Us to Explore Perth by Getting Together to 'Savour the Coffee'*

For more details, email Rhonda at [contactrhonda@iinet.net.au](mailto:contactrhonda@iinet.net.au) or call **0431 272 372**



### Memsahib's Curry Club

**Come & enjoy lunch with a great group who love delicious curries and exotic flavours at this month's choice of**



**Where:** **'Maharajah's Indian Bistro'**  
**96 Stirling Highway, Nedlands**

**When:** **Friday 24 February**

**Time:** 12:30pm

**RSVP:** **Corinne Kilbee** on **0411 588 112**  
or [kilbee@westnet.com.au](mailto:kilbee@westnet.com.au)  
by Wednesday 22 February

For the past twenty years, Maharaja has been a local's favourite, offering affordable luxury in Nedlands. Conveniently located beside the historic Windsor Cinema, locals often enjoy a classic evening out of a film followed by a delicious meal in a sumptuous setting. Our quiet, spacious, comfortable restaurant is cozy and inviting for intimate dinners, yet caters seamlessly to larger parties.

## Special Activities



### Perth Concert Hall "Behind the Scenes"



Learn the history and secrets of **Perth Concert Hall** in a guided tour which takes you backstage, upstage, down narrow passageways, past technical contraptions and into a previously concealed area now being used as a performance space.

**When:** Friday 17 February

**Time:** 11:15am. Meet outside the facility at 11:00

**Duration:** 60 minutes

**Where:** St George's Terrace, Perth CBD

**Cost:** \$5.00

**Contact:** **Christine Corey**

[christine.corey@bigpond.com](mailto:christine.corey@bigpond.com) or 0407307691

### Royal Flying Doctors



A tour of the **Royal Flying Doctors** facilities at Jandakot airport has been arranged. Come and see the wonderful work done by the RFDS. Meet the people involved who make RFDS possible. This amazing service provides free emergency medical help to people in need across our vast state.

**When:** **TO BE DETERMINED SOON!**

**Time:** 11:30am. Meet outside the facility at 11:15

**Where:** RFDS, 3 Eagle Drive, Jandakot Airport

**Cost:** \$10 donation to the **RFDS**

**Contact:** **Christine Corey**

[christine.corey@bigpond.com](mailto:christine.corey@bigpond.com) or 0407307691

## Paying for Special Activities

### TO PAY BY BANK TRANSFER

**Deposit to Bankwest – BSB 306-047, Account 4182462**

Please include your Surname and Activity, e.g., Theatre

**Before paying**, please contact the coordinator of the activity to confirm there is a space for you. Your name will be placed on a wait list until notice of payment is received. Special Activities can also be booked and paid for in cash or by cheque at monthly meetings. You may also send an email to the activity coordinator when you do a bank transfer. Cancellations after the stated due date cannot be refunded.



## MARCH CRAB LUNCH ... IS BACK!

**When:** Wednesday 15 March  
**Time:** 11:30am – 2:00pm  
**Where:** Mount Claremont (address advised on sign-up)  
**Cost:** \$45.00pp, includes wine/drinks  
**EFTPOS payment to PWP bank account mandatory!**  
**PWP Bank BSB: 306-047 Account # 4182462**  
**Limit:** 16 persons

March is time to enjoy another crustacean season and to indulge in an outdoor crab feast. Sign up quickly, as we've had to limit numbers for catering purposes. **The menu:** Crab with melted garlic butter on the side, Green Salad, Fresh Baguettes and Fresh Fruit. "Bubbles" and a non-

alcoholic punch will be included. All served with loads of fun!

**RSVP:** [contactrhonda@inet.net.au](mailto:contactrhonda@inet.net.au) or 0431 272 372, by **Friday, March 10 – payment due by this date.**

## Morning Melodies Look Ahead



Gold and platinum award winner, **Karen Knowles** is one of Australia's favourite singers.

**Where:** His Majesty's Theatre  
**When:** Wednesday 19 April  
**Time:** 11:00am. Meet @ Crew and King 10:00am for coffee.  
**Contact:** **Christine Corey**

[Christine.corey@bigpond.com](mailto:Christine.corey@bigpond.com) or 0407 307 691



## Interest Groups & General Activities for February

### Movie Club



### MYSTERY MOVIE LIVES ON!

**Jacqui Ure** and **Wendy Longshaw** have graciously volunteered to keep our movie club alive. There are some big films coming out over the coming months. So, make sure you sign up to receive the emails. *More details will be available at the February lunch.*

The schedule is generally known the Thursday before our movie date; an email is then sent out to those on the list advising of the movie choice and details.

**Date:** **Tuesday 21 February**

**Time:** To be decided when schedule available

**Venue:** Windsor Cinema, Stirling Hwy, Nedlands

**Contact:** **Wendy Longshaw** or **Jacqui Ure**

**jacqui.1503@hotmail.com** or **0416 218 127**

**wendylongshaw@gmail.com** or **0432 331 715**

Please let either Jacqui or Wendy know if you would like to be added to the email list for the **Monthly Movies**. You will then receive an email update advising the time and venue for each month's selection.

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**Reading ahead?** April Book Selection:



### Book Club

#### 'Elemental'

By Amanda Curtin



Nearing the end of her life, Meggie Tulloch takes up her pen to write a story for her granddaughter. It begins in the first years of the twentieth century, in a place where howling winds spin salt and sleet sucked up from icefloes. Moving from Scotland to Fremantle, **Elemental** is a novel about the life you make from the life you are given.

**Date:** **Monday 20 February**

**Time:** 1:15 beverage orders; 1:30pm start

**Where:** Dolphin Room, Pagoda Resort

112 Melville Parade, Como

**Contact:** **Tricia Crane** on **cranepearl@gmail.com** or **0401 673 916**

**All ladies are welcome to join us for our discussion.** An option is to arrive a little earlier at **12.00pm** to enjoy a coffee/lunch and chat with the Mah-jong group beforehand.

**March Meeting Date:** **Monday 20 March**



## Monday Mah-Jong

Want to give the housework a miss? Like to enjoy good conversation with lots of laughter while using the 'grey matter'?



We play **Monday mornings** at the Pagoda Restaurant (same venue as the monthly meetings) with a 10.00am start and play through until 2.30pm. We lunch at noon on soup and either a salad or sandwich (cost \$15). Some ladies only come for the morning session due to other commitments - whatever you decide is fine.

**Experienced and new players are most welcome.**

**When:** Each Monday

**Time:** 10.00am

**Contact:** Corinne Kilbee

[kilbee@westnet.com.au](mailto:kilbee@westnet.com.au) or 0411 588 112

## Tuesday Golf

If you are interested in playing, please come and join the PWP Golfing Ladies each Tuesday. We play at various Public Golf Courses around the Perth area and try to tee off between 8.00 am and 9.00 am in the warmer months. We meet at the Golf Shop and then after our game we finish with a coffee and a chat.



If there are any new members who would like to join us, or you would like further information, please contact **Sue Spalding** at [suespalding@hotmail.com](mailto:suespalding@hotmail.com) or 0409 880 750

## Early Bird Walkers

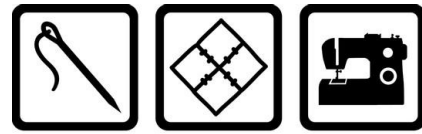
The walking group meets every **Tuesday morning** at **8:00am**. Meeting points change each week as there are many lovely walking locations around Perth from which to choose. A welcome cuppa and chat follows the walk.



If you would like to receive weekly notices with details of the upcoming walks, please email **Sue** and **Dee** at [suediane.robb@gmail.com](mailto:suediane.robb@gmail.com) and ask to be added to the email list.

## Quilting

Come and join our active and friendly quilting group. We usually meet **every fortnight** on **Wednesday morning** at a different member's home.



# QUILTING

Beginners and experienced quilters are welcome. We sit and chat over hand-sewing projects (or knitting or crochet), swap tips and patterns and complete friendship blocks for each other. These are a great way to learn new skills. We also enjoy coffee and delicious nibbles.

**When:** Wednesday 1 and 15 February

**Contact:** Michele McNeill on 0408 184 532 or [michele-mcneill@bigpond.com](mailto:michele-mcneill@bigpond.com)

## Monthly Bridge

Monthly Bridge meets on the **third Thursday** of the month.

We would love new members, or those wishing to join us for the first time, to come along. If you are interested in joining, please contact **Gai Breakwell** for details.



**When:** Thursday 16 February

**Time:** 10.00am - 3.00pm

**Contact:** Gai Breakwell on

[kgbreakwell@gmail.com](mailto:kgbreakwell@gmail.com) or 0423 390 360

## Cycling

A few ladies who share the love of cycling have formed a very informal, casual group. They meet up early on **Thursday mornings** somewhere around the city. The rides explore different routes, cycling up to 40km, mostly on cycle paths and quiet roads. A stop at a cafe en route is considered essential! The cycling group's rides continue each Thursday. If interested, please email **Dee van Eden** on [deevaneden@gmail.com](mailto:deevaneden@gmail.com)



## January Luncheon


By the sea - it was a beautiful summer day at the Island Market Café for our January casual lunch. Lots of chat, swapping of holiday season stories and enjoying some lovely food.



## Members Out and About



## Your PWP Month Ahead – FEBRUARY 2023

| Sunday             | Monday                                                                   | Tuesday                                                                                                                                  | Wednesday                              | Thursday                                                       | Friday                                                                                                    | Saturday                                                   |
|--------------------|--------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------|----------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|------------------------------------------------------------|
|                    |                                                                          |                                                                                                                                          | <b>February 1</b><br>10:00 - Quilting  | <b>February 2</b><br>2:00pm - Board Meeting<br>Early - Cycling | <b>February 3</b>                                                                                         | <b>February 4</b>                                          |
| <b>February 5</b>  | <b>February 6</b><br>10:00 - Mah-Jong                                    | <b>February 7</b><br>8:00 - Walkers<br>8:00 - Golf                                                                                       | <b>February 8</b>                      | <b>February 9</b><br>11:15 - Monthly Lunch                     | <b>February 10</b>                                                                                        | <b>February 11</b><br>6:30pm – Summer Sundowner @ Sheena’s |
| <b>February 12</b> | <b>February 13</b><br>10:00 - Mah-Jong                                   | <b>February 14</b><br>8:00 - Walkers<br>8:00 – Golf<br> | <b>February 15</b><br>10:00 - Quilting | <b>February 16</b><br>10:00 - Bridge<br>Early - Cycling        | <b>February 17</b><br>10:00 - Discovery Coffee at Voyage Kitchen @ City Bch<br>11:00 – Perth Concert Hall | <b>February 18</b>                                         |
| <b>February 19</b> | <b>February 20</b><br>10:00 - Mah-Jong<br>1:15pm - Book Club ‘Elemental’ | <b>February 21</b><br>8:00 - Walkers<br>8:00 – Golf<br>Movie Club: ‘Mystery Movie’- Afternoon                                            | <b>February 22</b>                     | <b>February 23</b><br>Early - Cycling                          | <b>February 24</b><br>12:30 – Curry Club @ “Maharaja”                                                     | <b>February 25</b>                                         |
| <b>February 26</b> | <b>February 27</b><br>10:00 - Mah-Jong                                   | <b>February 28</b><br>8:00 - Walkers<br>8:00 - Golf                                                                                      |                                        |                                                                |                                                                                                           |                                                            |

Looking ahead to March: Lunch Meeting: Thurs 9 March; Royal Flying Doctors TBA (scheduled for some time in March); Crab Lunch: Wed 15 March