

The Good Oil



APRIL 2023

PWP Meeting and Luncheon

Thursday 13 April

11:15am for an 11:45am start

The Pagoda Restaurant

112 Melville Parade, Como

blue illusion®
CONSERVATEURS
DE STYLE

TRAVEL FASHION PARADE by Blue Illusion

Ladies! The borders are open and the PWP ladies have taken to the air, the sea, the rails and the roads! Are you in need of a travel wardrobe update or just a fun afternoon of fashion? Come along and enjoy the latest travel fashions and accessories from Blue Illusion. The fabulous Jean-Marie from the Floreat shop will provide the fashion commentary while five of our stylish members will model the latest clothing and accessories we can pack and wear with confidence wherever we may go in the world. Thank you in advance to Debbie Lorking, Pam Price, Gloria Posselt, Jan Humphry and Melissa Worme.

Fresh Bread Rolls

MAIN

Grilled Beef Sirloin and Mustard Jus, with Sweet Potato Mash,
Broccoli, Grilled Tomato (GF, DF)

OR

Ricotta and Spinach Cannelloni, with Napolitana Sauce and
Gratined Mozzarella Cheese (V)

DESSERT

Chocolate Tart with Berry Compote and Vanilla Ice Cream

COFFEE AND TEA

\$50 per member \$55 per guest

For organising purposes, **RSVP to Kevina by Monday, 10 April** via the website, www.petroleumwomenofperth.asn.au, email pwp.rsvplunch@gmail.com or call **0419 837 055**. Payment by EFT is preferred: Bankwest **BSB 306-047, Account 4182462**. Include your Surname and 'Luncheon' in the description. EFT payment is due upon confirmation of your booking **and no later than Monday, 10 April. cancellations after 5:00pm, Friday 7 April OR non-attendance without cancellation prior to 5:00pm, Friday 3 April both require payment in full.**

DIARY DATES

Monthly Lunch Meeting

Thursday 13 April

Out & About

Movie Club

Friday 14 April

Book Club

Monday 17 April

Discovery Coffee

Friday 21 April

Curry Club

Friday 28 April

Regular Activities

Mah-Jong

Mondays at Pagoda

Walking Group

Tuesdays

Golf Group

Tuesdays

Cycling Group

Thursdays

Quilting Group

Wednesday 12 & 26 Apr

Bridge Group

Thursday 20 April

Looking Ahead to May

May Lunch Meeting

Thursday 11 May

Enderslea Farm

Friday 5 May

PWP Board 2023

President's Message

Hello everyone!

I hope you are enjoying these beautiful autumn days when it's still warm, but there's a softness to the heat. I do love Perth's climate.

Before I look forward to our April meeting, I just want to reflect on Caitlin, our speaker in March. If you missed it because you didn't think the topic was for you, then you missed a treat. Caitlin was informative, engaging, educational and funny. The future is in good hands with such a delightful young person, who without doubt has had to overcome difficulties.

April, of course, is our **Blue Illusion Fashion Show**. A bevy of beauties has been hired at great expense to model for us! I am sure they are all going to do a wonderful job. This is a great opportunity to invite friends to attend lunch with you to try and tempt them into joining the Club. Let's try and get a full house to support our friends who will be strutting their stuff!

Sadly, I've had no volunteers to take over the raffle from Lindell. I do not want to lose the raffle and I'm sure you feel the same. Not only does it provide revenue to pay for the audio/visual equipment we rent, but it is also a fun part of the meeting. So instead of looking for someone to do it all the time, I am suggesting a Rota. If we had 12 of us volunteer, then each person would only have to do it one month a year. We would have guidelines for spending limits, types of gifts, etc. So, all that would be required of you is a spot of shopping and wrapping.

Could you commit to that? If so, please give me a call on 0467 389 832.

I look forward to seeing you at lunch.

Warmest regards, *Sheena*

Board for 2023

President



Sheena Kaighin
0467 389 832

pwp.perthpresident@gmail.com

1st VP Activities



Christine Corey
0407 307 691

pwp.perthactivities@gmail.com

2nd VP Programs/Luncheons



Kari Young
0427 747 479

pwp.perthprograms@gmail.com

3rd VP Membership



Christine McCarthy
0408 020 251

pwp.perthmembership@gmail.com

Secretary



Lindell Negline
0433 262 377

pwp.perthsecretary@gmail.com

Treasurer



Nikki Wehr
0488 038 468

pwp.perthtreasurer@gmail.com

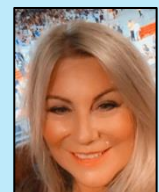
Member-at-Large



Karen Hassan
0421 083 878

pwp.perthmember.at.large@gmail.com

Parliamentarian



Debbie Lorking
0484 226 985

pwp.perthparliamentarian@gmail.com

General Information



MONTHLY LUNCH RSVP & Payment

Please remember to RSVP so that we know that you are joining us for lunch

Kevina manages the lunch RSVPs, and she is very happy to receive yours via any of these options:

- email to pwp.rsvplunch@gmail.com
- click on the link in the website www.petroleumwomenofperth.asn.au/members-only
- contact Kevina directly on **0419 837 055**.

You will receive confirmation of your RSVP having been received. Contact Kevina so that she can be sure that you are on the list and your preferred meal is available.

You need to RSVP & make EFT payment by the Monday afternoon before the lunch.

Cancellations need to be made by Friday 5pm prior to the lunch in order to receive a refund.

For all enquiries and to reserve your place for any **Special Activities**, please contact **Christine Corey** – pwp.perthactivities@gmail.com or 0407 307 691.



Get connected on Facebook by joining the PWP group. Get regular updates on club activities and see more photos than can be squeezed into the newsletter.

To join, search using '**Petroleum Women of Perth**' to find the group and send a 'request to join'.



www.petroleumwomenofperth.asn.au

Being who **YOU** are is more beautiful and powerful than anything in the world. Don't care about what others think or say about you. You be **YOU!**



Sunshine and Silver Linings

~ Keep our members and their families in your thoughts and prayers ~

Keep safe and healthy, and don't forget to be kind.

Hi ladies! Given we all love to keep in touch and hear the news in other members' lives, I need your help! Let me or any Board Member know of any items or milestones that can be shared to keep this section of the newsletter lively and current!

Jane and **Miles Ponsonby** are delighted to announce the engagement of their son, Simon, to Jess Oma – a proposal made on the beach at sunset, and sealed with a toast as they sipped champagne. Best wishes to all!



Carol Davis, Christine Burslem and Marylou Rainsford enjoyed a fun-filled mah-jongg retreat to Thailand, in Bangkok and Koh Samet. By all reports, the group had a wonderful time – loads of laughter and fun plus wonderful sight-seeing, outings, meals, shopping and accommodation - all carefully scheduled around playing mah-jongg! Well-organised is an understatement!



If you would like to share news of an anniversary or the arrival of a new grandchild or an important milestone in yours or your family member's life, please contact **Kevina** or a Board Member with any news that can be shared. Contact Kevina on kevina_stewart@hotmail.com or **0419 837 055**



Membership

Christine McCarthy, Membership, reports PWP currently has 118 members.

March Birthday Ladies



April Birthdays

Deidre Van Eden	01-Apr
Marjorie Kinney	03-Apr
Margaret Morris	09-Apr
Pauline Sedgwick	11-Apr
Lesley Roney	11-Apr
Diane McKay	11-Apr
Debbie Collins	14-Apr
Louise Catherine Chatburn	17-Apr
Angeline Christie	18-Apr
Jan Humphry	20-Apr

Welcome New Member Robyn Tirabosco

I was born in the NSW country town of Mudgee but spent my adult life in Sydney where I completed nursing and went on to become an Oncology Nurse Specialist in Paediatric and Bone Marrow Transplant Units. I had deferred a music degree but after a skiing injury obtained a law degree instead!

I'm married to Phil, and we have three grown up children. We have lived in Brunei, Kuala Lumpur and NZ before settling down in Perth. We have recently left the Perth foothills behind and moved to South Perth.

I enjoy movies, book clubs, coffee, curry, mah-jong in a past life, cultural outings, barefoot bowls and bad golf. I look forward to joining in the many great activities on offer.

I must thank Sheena for inviting me along to PWP as a guest. It has been great to meet so many wonderful, interesting people.

April Birth Flower – Violets, Iris, Primrose



Violets are associated with faithfulness, infatuation, and chastity. In flower symbolism, violets are gifted from a lover to his sweetheart as a way of informing her that he will always stay true to their love. The purple-petaled violets are commonly used to convey love. The **Iris** is also the birth flower for April. It is used to symbolize courage, hope, wisdom, faith, passion, purity and innocence. **Primrose**, also a April birth flower, symbolizes young love and undying affection.

Coffee and Curry

Discovery Morning Coffee



Where: **Blake Hill**
4 Blake Street, North Perth

When: **Friday April 21**

Time: 10:30am

KNOWN FOR "SMASHED AVO 3-WAYS"!

If that doesn't pique your taste buds there is an excellent range of creative food choices, brought to you by the owner/chef, who has worked in Michelin star restaurants. Join us for a new experience.

Come and Join Us to Explore Perth by Getting Together to 'Savour the Coffee'

For more details, email Rhonda at contactrhonda@iinet.net.au or call **0431 272 372**.



Memsahib's Curry Club

Come & enjoy lunch with a great group who love delicious curries and exotic flavours at this month's choice at



Where: **'d'Tandoor Indian Restaurant'**
Mill Point Road & Labouchere,
South Perth

When: **Friday 28 April**

Time: 12:30pm

RSVP: **Corinne Kilbee** on **0411 588 112**
or kilbee@westnet.com.au
by Wednesday 26 April

Tandoor, originally specialized in North cuisines, later developed into a Malaysian delight. In 1990, the first restaurant in Australia was opened in Sydney, followed by a few in Perth. **D' Tandoor South Perth**, was opened in 2008 by chef Arokiaaraj Savarimuthu.

Special Activities

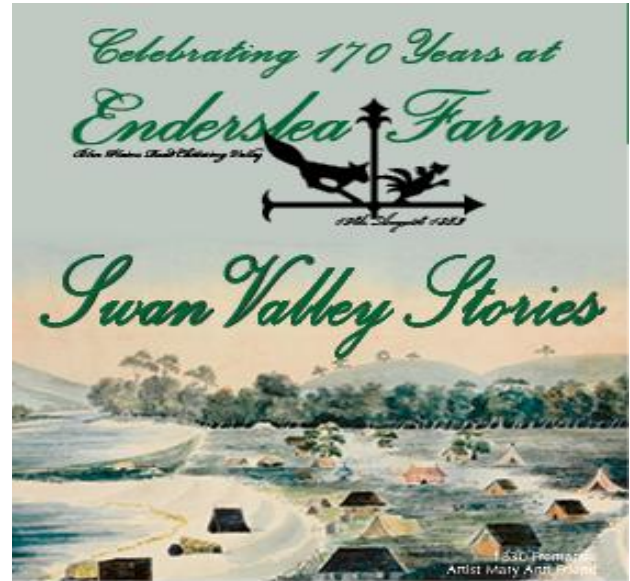
Morning Melodies



Star of the musical Big River and lead singer with The Seekers in the early 1990s, Karen Knowles started her career on Young Talent Time and over those six years she became part of our lives and part of the Australian story. She began recording soon after leaving YTT and has been recording ever since, becoming the highest selling Australian female recording artist for two consecutive years. Gold and platinum award winner, **Karen Knowles**, is one of Australia's favourite singers.

Where: His Majesty's Theatre
When: **Wednesday 19 April**
Time: 11:00am. Meet @ Crew and King
 10:00am for coffee.
Cost: **\$26.00**
Contact: **Christine Corey**
christine.corey@bigpond.com or **0407307691**

Enderslea Farm



Come and listen to the stories of the early settlers from their journals and letters. Eliza Currie, Anne Whatley, Joseph Hardley and William Brockman give human dimension to the struggles of establishing the Swan River colony. Afternoon tea is provided by the Bindoon Bakehaus, as you enjoy this production performed in the historic stone barn at Enderslea Farm. Free tastings of Bindoon Estate Wines will be available.

Where: Enderslea Farm
 681 Blue Plains Road, Chittering Valley
When: **Friday 5 May**
Time: 2:00pm. Meet at the Farm at 1:45pm
Cost: \$39.00
Contact: **Christine Corey**
christine.corey@bigpond.com or **0407307691**

Paying for Special Activities

TO PAY BY BANK TRANSFER

Deposit to Bankwest – BSB 306-047, Account 4182462

Please include your Surname and Activity, e.g., Theatre

Before paying, please contact the coordinator of the activity to confirm there is a space for you. Your name will be placed on a wait list until notice of payment is received. Special Activities can also be booked and paid for in cash or by cheque at monthly meetings. You may also send an email to the activity coordinator when you do a bank transfer. Cancellations after the stated due date cannot be refunded.

Look Ahead - Activities

Chinatown – Guided Walk



A guided walk-through Chinatown led by Kaylene Poon, who will lead us on a trip through the Chinese history of this vibrant area of Perth. Numbers limited to 12 people.

When: **Friday 19 May**

Time: 10:00am.

Where: Chinatown, Northbridge

Plan A – Start from Lake St. behind Giuseppe Corsica's. Finish with optional dim sum lunch at 12 pm.

Duration: 1.5 hours

Plan B – (inclement weather) Kaylene will do a presentation at the Chung Wah Hall (classroom) starting at 11:00am with Dim Sum lunch following. Numbers could be increased to 20 – 25 for this option. Note: Not suitable for those unable to tackle the Hall's stairs.

Cost: \$10 donation to Chung Wah Association
Lunch at own expense.

Contact: **Christine Corey**

christine.corey@bigpond.com or **0407307691**

Aviation Heritage Museum



A tour of the **Aviation Heritage Museum** will provide stories of Western Australia's rich aviation history and heritage. The Museum is the focus for many RAAFA commemoration activities with displays commemorating the achievements and sacrifice of Air Force personnel in war and peace.

Husbands and partners are welcome!

When: **Saturday 3 June**

Time: TBA

Where: Airforce Memorial Estate,
2 Bull Creek Drive, Bull Creek

Cost: \$15.00pp

Contact: **Christine Corey**

christine.corey@bigpond.com or **0407307691**

Positive Mind
Positive Vibes
Positive Life

Interest Groups & General Activities for April

Movie Club



MYSTERY MOVIE MONTHLY!

Jacqui Ure and **Wendy Longshaw** have graciously volunteered to keep our movie club alive. There are some big films coming out over the coming months. So, make sure you sign up to receive the emails.

The schedule is generally known the Thursday before our movie date; an email is then sent out to those on the list advising of the movie choice and details.

Date: **Friday 14 April**

Time: To be decided when schedule available

Venue: Windsor Cinema, Stirling Hwy, Nedlands

Contact: **Wendy Longshaw** or **Jacqui Ure**

jacqui.1503@hotmail.com or **0416 218 127**

wendylongshaw@gmail.com or **0432 331 715**

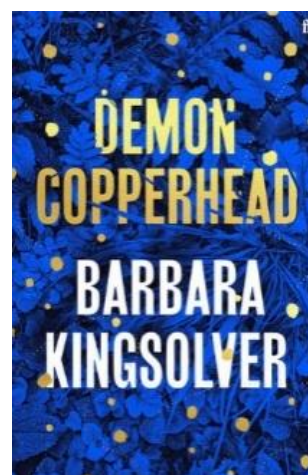
Please let Jacqui or Wendy know if you would like to be added to the email list for the **Monthly Movies**. You will then receive an email update advising the time and venue for each month's selection.

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### Book Club

#### 'Demon Copperhead'

By Barbara Kingsolver



The plot. Damon Fields is born in southwest Virginia in the late 1980s to a teenage mother who has equipped herself for childbirth with gin, amphetamines and Vicodin. An attitude problem soon earns him the nickname "Demon." His hair colour explains "Copperhead." When Mom overdoses Demon becomes a ward of the state, which is to say he undergoes a transformation from "boy" to "inventory." He's obsessed with Marvel superheroes and draws his own comics. In fifth grade he accidentally works at a meth lab. High school football delivers a brief spell of glory. Then: knee injury, doctor-prescribed painkillers, opioid addiction, young love and a relentless chain of tragedies interrupted sporadically with minor victories. Join us for what will be a lively discussion!

**Date:** **Monday 17 April**

**Time:** 1:15pm beverage orders.

1:30pm start

**Where:** Dolphin Room, Pagoda Resort

112 Melville Parade, Como

**Contact:** **Tricia Crane** on

[cranepearl@gmail.com](mailto:cranepearl@gmail.com) or **0401 673 916**

**All ladies are welcome to join us for our discussion.** An option is to arrive a little earlier at **12.00pm** to enjoy a coffee/lunch and chat with the Mah-jong group beforehand.

**May Meeting Date:** **Monday 15 May**

## Monday Mah-Jong

Want to give the housework a miss? Do you enjoy friendly conversation with lots of laughter while using the 'grey matter'?



We play **Monday mornings** at the Pagoda Restaurant (same venue as the monthly meetings) with a 10.00am start and play through until 2.30pm. We lunch at noon on soup and either a salad or sandwich (cost \$15). Some ladies only come for the morning session due to other commitments - whatever you decide is fine.

**Experienced and new players are most welcome.**

**When:** Each Monday

**Time:** 10.00am

**Contact:** Corinne Kilbee

[kilbee@westnet.com.au](mailto:kilbee@westnet.com.au) or 0411 588 112

## Tuesday Golf

If you are interested in playing, please come and join the PWP Golfing Ladies each Tuesday. We play at various Public Golf Courses around the Perth area and try to tee off between 8.00 am and 9.00 am in the warmer months. We meet at the Golf Shop and then after our game we finish with a coffee and a chat.



If there are any new members who would like to join us, or you would like further information, please contact **Sue Spalding** at [suespalding@hotmail.com](mailto:suespalding@hotmail.com) or 0409 880 750

## Early Bird Walkers

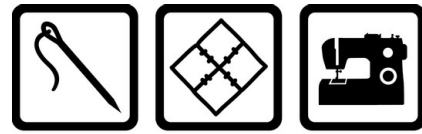
The walking group meets every **Tuesday morning** at **8:00am**. Meeting points change each week as there are many lovely walking locations around Perth from which to choose. A welcome cuppa and chat follow the walk.



If you would like to receive weekly notices with details of the upcoming walks, please email **Sue** at [suediane.robb@gmail.com](mailto:suediane.robb@gmail.com) and ask to be added to the email list.

## Quilting

Come and join our active and friendly quilting group. We usually meet **every fortnight** on **Wednesday morning** at a different member's home.



# QUILTING

Beginners and experienced quilters are welcome. We sit and chat over hand-sewing projects (or knitting or crochet), swap tips and patterns and complete friendship blocks for each other. These are a great way to learn new skills. We also enjoy coffee and delicious nibbles.

**When:** Wednesday 12 and 26 April

**Contact:** Michele McNeill on 0408 184 532 or [michele-mcneill@bigpond.com](mailto:michele-mcneill@bigpond.com)

## Monthly Bridge

Monthly Bridge meets on the **third Thursday** of the month.

We would love new members, or those wishing to join us for the first time, to come along. If you are interested in joining, please contact **Gai Breakwell** for details.



**When:** Thursday 20 April

**Time:** 10.00am - 3.00pm

**Contact:** Gai Breakwell on

[kgbreakwell@gmail.com](mailto:kgbreakwell@gmail.com) or 0423 390 360

## Cycling

Cycling is taking a 'break' for the time being.



## March Luncheon



## Members Out and About



Crab Lunch and King's Park Walkers



## Tour of the Royal Flying Doctors

## Your PWP Month Ahead – APRIL 2023

| Sunday   | Monday                                                           | Tuesday                       | Wednesday                   | Thursday                 | Friday                                                   | Saturday |
|----------|------------------------------------------------------------------|-------------------------------|-----------------------------|--------------------------|----------------------------------------------------------|----------|
|          |                                                                  |                               |                             |                          |                                                          | April 1  |
| April 2  | April 3                                                          | April 4                       | April 5                     | April 6                  | April 7                                                  | April 8  |
|          | 10:00 - Mah-Jong                                                 | 8:00 - Walkers<br>8:00 - Golf |                             | Board Meeting            |                                                          |          |
| April 9  | April 10                                                         | April 11                      | April 12                    | April 13                 | April 14                                                 | April 15 |
|          | 10:00 - Mah-Jong                                                 | 8:00 - Walkers<br>8:00 - Golf | 10:00 - Quilting            | 11:15 -<br>Monthly Lunch | Movie Club: 'Mystery<br>Movie' - Afternoon               |          |
| April 16 | April 17                                                         | April 18                      | April 19                    | April 20                 | April 21                                                 | April 22 |
|          | 10:00 - Mah-Jong<br><br>1:15pm - Book Club<br>'Demon Copperhead' | 8:00 - Walkers<br>8:00 - Golf | 11:00 - Morning<br>Melodies | 10:00 - Bridge           | 10:00 - Discovery<br>Coffee at Blake Hill<br>North Perth |          |
| April 23 | April 24                                                         | April 25                      | April 26                    | April 27                 | April 28                                                 | April 29 |
|          | 10:00 - Mah-Jong                                                 | 8:00 - Walkers<br>8:00 - Golf | 10:00 - Quilting            |                          | 12:30 - Curry Club<br>@ "d'Tandoor"<br>South Perth       |          |

Looking ahead to May: Lunch Meeting: Thurs 11 May; Enderslea Farm: Friday 5 May; Chinatown Walk: Friday 19 May.