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NEWSLETTER FEBRUARY 2025

HAPPY NEW YEAR!

Ordinary General Meeting & Lunch

Thursday, 13th February

Royal Perth Golf Club

Doors open 11.15

Meeting called to order 11.45

Members \$60

Guests \$65



PWP

FEBRUARY MENU

Bread and Butter

MAIN COURSE

Moroccan Spiced Chicken Breast with Cous Cous, blistered cherry tomatoes, pomegranate and lemon

Roasted Pumpkin with Cous Cous, herb yoghurt and blistered cherry tomatoes

Side Dish:

Spinach, Red Pepper and tomato Salad

DESSERT

Coconut Panna Cotta with mango jelly and lychee

Tea and Coffee



Our Speaker

Mandy Gratzer

Traditional Chinese Medicine Expert

A journey from Kununurra to Hang Zhou, China via Perth was the road taken by our speaker in her quest to master Traditional Chinese Medicine. On the journey, Mandy gained the knowledge and experience to work holistically alongside standard Western health practices here in Australia.

Mandy is Director at Sheng Works in Maylands, which she founded in 2016. She's also run clinics in rural Katherine & Kununurra, bringing Chinese medicine to communities who would otherwise not have benefitted.

Mandy is a registered acupuncturist & herbalist who has worked in chronic disease management for 20 years. She has specialised infertility training, as well as cancer support and injury management experience. She will talk about the influence of Chinese medicine on Western health management. Mandy might even tell us about her experiences of eating chicken feet - but maybe not during our own chicken lunch!

Late Cancellation policy applies

We appreciate you confirming your booking by the **previous Friday**.

Thank you for understanding that cash payments can no longer be accepted.

RSVP via email to pwp.rsvplunch@gmail.com or call **Kevina** on **0419 837 055**.

Petroleum Women's Club of Perth

BSB: 066103

Account number: 10503058

Today is the best day to book!

PRESIDENT'S MESSAGE

As this is the first newsletter for 2025, I hope all of you lovely ladies had a wonderful Christmas and New Year holiday! I did experience a White Christmas in New Hampshire and am happy to be back to warmer weather after minus zero temperatures, snow and ice.

The January Casual luncheon at the Hamptons in City Beach was wonderful with excellent food and 26 PWP members attending. It is a great venue and thank you Tricia for organising it. It was for me a great way to get over the jet lag with all the sunshine and lovely views of the ocean.

We have an interesting subject for our February luncheon on Thursday 13th of February. Our speaker will be Mandy Gratzner who is an AHPRA Registered Acupuncturist & Chinese Herbalist and the Clinic Principle Director at Sheng Works Chinese Medicine in Maylands. She will be discussing the wide variety of medical issues that acupuncture and herbs can treat and please review her impressive biography in this newsletter. After having my first acupuncture session on a cruise in the Gulf of Mexico for sea sickness that worked like a charm, I am officially a convert. Tricia has done a great job again with the RPGC organising the February luncheon and I anticipate it will be a lovely luncheon and catch-up with friends after the break.

Please get your RSVP's in early as it greatly helps with the venue set up and ordering the food as well.

Our membership numbers are steadily increasing and are now up to 106 members with new members Hege Ingebrigtsen and Marie Boettcher. Please make them feel welcome at the luncheon.

As we get back to business for 2025, please remember our mission which is to foster friendship and understanding among women in the energy industry and beyond. We look forward to a fun filled year with plenty of activities and fellowship.

All the best,

Margaret Hildick-Pytte

SPECIAL ACTIVITIES



The Painted Teapot, Creativity by Painting - Expressions of Interest

When: Thursday, 20th of February

Time: 10.00am - 11.45am

Where: 95 Rokeby Road, Subiaco 6008

Cost: Approx \$45.00 per person (Pay after the Session)

Contact: suebexpresso@gmail.com or mobile 0435 345 437



Crab Lunch

Our annual fab crabfest is back!

Numbers are limited 14 places only

When: Wednesday, 19th of March 2025

Where: Mount Claremont

Cost: \$45.00 Includes wine/drinks

Menu: Crab with melted garlic butter, salad, fresh baguettes and fresh fruit.

"Bubbles" will be included and also a non-alcoholic punch.

Please bring Crab Crackers if possible

RSVP: contactrhonda99@gmail.com or 0431 272 372 by Friday March 14

Payment must be received on or before this date.

Sign up now so a catering order can be placed. This is a popular event, and a real treat, all served up with lots of fun.



Murder at The Manor - 3 Course Dinner & Solve the Mystery Expressions of interest

When: Saturday, 5th April

Where: His Majesty's Theatre, Hay Street, Perth 6000

Cost: \$145 per person

Contact: suebexpresso@gmail.com or 0435 345 437



Waldecks Nursery & Blue Lotus Cafe for Lunch - Expressions of interest

When: Wednesday, 23rd of April

Where: Cnr Karrinyup Road & Hamilton Street Stirling

Cost: Pay for as you order

Time: 12.00

Contact: helga1712@hotmail.com or 0420 358 883



Tickets
\$60
per
person

Vintner & Vittles

A tasting evening with Margaret River wine maker Andrew Dawson of Yeah Wine, accompanied by delicious canapes created by South Perth caterer Ros Mansfield



Saturday, 3rd May 2025
Anne's house – 10 Lillian Street, Cottesloe

Contact: jacqui.1503@hotmail.com or mob: 0416 218 127 OR
anne_williams@iinet.net.au or
mob: 0417 985 179





PIAF! THE SHOW

Codeword PIAF

This show has sold over a million tickets worldwide, and captivated audiences in 50 countries.

Starring internationally acclaimed Nathalie Lermitte, hailed as Piaf's true musical heir, the show chronicles the rise of 'la Môme Piaf' from rags to riches, showcasing her unforgettable songs, including *La vie en Rose* and *Non, Je ne Regrette Rien*, against a backdrop of never-before-seen photographs.

When: Thursday, 29th May

Where: Crown Theatre

Time: 7:30 pm

Cost: \$113 each (excellent seats in Lounge A)

Email: suebexpresso@gmail.com

or 0435 345 437

REGULAR ACTIVITIES

MOVIE CLUB / BOOK CLUB



Movies



Book Club

Tricia is no longer coordinating book club. Instead, individual members

will be on the first Friday of each month.
Please contact Sue if you want to be on the list.

suespalding@hotmail.com or
0409 880 75

When **Monday, 17th February**

Where: Pagoda, 112 Melville Pde, Como

Time: 1:15 for 1:30 start

February's book - *Chai Time at Cinnamon Gardens* by Shankari Chandran, winner of the 2023 Miles Franklin Award. The novel, set in both modern-day western Sydney and the Sri Lankan civil war, is timely in the shadow of Australia Day and the ongoing discussion of what it means to be an Australian. Discussion will be led by Linda Squire.

March - *The History of Bees* by Maja Lunde, led by Debbie Templeton. Haunting, illuminating and deftly written, *The History of Bees* joins three very different narratives into one gripping and thought-provoking story.

COFFEE MORNING / CURRY CLUB



Discovery Coffee -

Back to an old fave!

Date: **Friday, 21st February**

Where: TWR, (The Waiting Room), Crown Towers

Time: 10:30am

Contact: **Rhonda Metka -**

Contactrhonda99@gmail.com
0431 272 372

We have previously had a lot of fun sitting around the "chatting circle" at



An old favourite south of the river!

Date: **Friday, 28th February**

Where: Copper Chimney, 336 South Terrace, South Fremantle

Time: 12:30pm

Contact: **Corinne Kilbee**
kilbee@westnet.com.au

0411 588 112

parking.

MAHJONG / QUILTING



Date: **Each Monday**
Where: **Pagoda Hotel**
112 Melville Pde, Como
Time: 10:00am
Contact: **Corinne Kilbee**
kilbee@westnet.com.au
or 0411 588 112



Date: **Wednesdays**
Where: **Refer to Quilt Roster**
or contact Michele
Time: 10:30am
Contact: **Michele McNeill**
michele-mcneill@bigpond.com
or 0408 184 532

WALKING / GOLF



Date: **Each Tuesday**
Where: Contact Sue Robb
Time: 8:00am
Contact: **Sue Robb**
suediane.robb@gmail.com



Date: **Each Tuesday**
Where: Contact Sue Spalding
Time: 8:00am, seasonal
Contact: **Sue Spalding**
suespalding@hotmail.com
or 0409 880 750



February Birthdays

Carol Roberts - 9th

Christine Burslem - 10th

Jennifer Willis - 10th

Barbara Eddison - 17th

Pam Rentschler - 22nd

Helen Hood - 22nd

Annie Kailis - 26th

Marie Boettcher - 28th

January in PWP

Photos from the casual lunch, and the cycling group out on Elizabeth Quay on a glorious morning





Our Mahjong friends know how to have a good time.
Photo below from their festive High Tea.

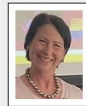


SUNSHINE & SILVER LININGS

Best wishes to Rita Walker as she recovers from recent surgery. She sounds to be in good spirits and is recuperating at home. Thank you to members who have been in touch or visited.

Please let Kevina know if you have news you would like to share with members.

Email: kevina_stewart@hotmail.com



President

Margaret
Hildick-Pytte



VP1 Activities

Susan Putnam



VP2 Programs/
Luncheons

Tricia Crane



VP3
Membership

Antje Robson



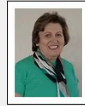
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Anne Williams



Treasurer

Pauline
Sedgwick



Parliamentarian

Jacqui Ure



Member At Large

Wendy Longshaw

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